



# Introducing a Major Medical Benefits Solution that Offers a Better Way to Control Costs!

By partnering with Lifestyle Health Plans, the LICA Healthy Benefits Program represents a proven solution to address the rising employee benefits costs in the post-Affordable Care Act (ACA) benefits environment.



## LICA Healthy Benefits: A New Approach

Lifestyle Health Plans has developed a unique health benefits program for LICA members throughout the country that provides major medical health benefits with an integrated wellness and lifestyle improvement program designed to address the root cause of the escalating cost of healthcare - employee health behaviors.

## As a Member of LICA You Can Enjoy:

1. Premium savings in most cases of 5-15%
2. Economies of scale discounts for participating LICA Members as part of LICA Healthy Benefits Program
3. An integrated wellness program with deductible credit incentives, credit matching and case incentives for health improvement
4. A strategic, sustainable health benefits program that addresses the underlying causes of rising healthcare costs without reliance or being tied to a single carrier
5. Consumer-driven program features including 100% Lab, 100% Diabetic Supplies and 24/7 Telephonic Consultations at no additional cost

